

Quiet Day Retreat

Sleeping, Dreaming, and Awakening: Biblical and Spiritual Reflections on a Human Process

Rev. Dr. Charles Packer, Chaplain-Director of the Congregational Retreat Society and Dean of the Congregational Foundation for Theological Studies, will lead three sessions during the Quiet Day Retreat held on **Friday, June 22, 2018**, from 9:00am-3:30pm, at the Spiritual Ministry Center, one block from the Pacific Ocean, at 822 Del Mar Avenue, San Diego, California 92107, as we consider how science, scripture, and Christian tradition encourage us to examine and understand better our physical and spiritual sleep, dreams, and awakenings. There will be long blocks of silence to read, meditate, journal, and delve deep. The cost is \$30 per person, and there is limited space available. Please contact Rev. Dr. Packer at drcapacker@gmail.com soon, but no later than May 31, if you would like to attend. Checks made out to the Congregational Society of Classical Retreat Guides may be sent to: Rev. Dr. Charles Packer, Pine Hill Congregational Church, 4160 Middlebelt Road, West Bloomfield, Michigan 48323.